



Message from Our Towne

Dear friends, neighbors and colleagues,

HOPE IS ALIVE AND WELL! Its all in where you look for it....

There's no mistaking: the economy is taking a brutal toll on everyone and let's face it, its just not easy right now. The fact of the matter is simply this--for every "down", there's an "up" and tough times make us take a



hard look at what we need to change. Can that really be such a bad thing?

I've noticed several new storefronts in Milton and the Village and have spoken to a variety of local business owners who are facing the need to diversify to stay afloat. That's the "where you look for it" part.....these folks, who are taking the chance, in spite of the gloom and doom, have my immediate respect and admiration. Its the true entrepreunerial spirit that sets the tone we should all be humbled by: stay strong and face a challenge head-on with the intent to succeed. How can that not be inspirational?

So, I challenge you to commit. Commit to buying locally, commit to visiting the folks who are operating small businesses in town BEFORE spending outside of the neighborhood, commit to local activities and special offers found right here in town and most importantly, the ones who choose to tell you about themselves in Our Towne.

Back in the 1980's – Sam Walton was asked what Wal-Mart would do in the recession. His answer was classic – "We don't plan to participate." \*Excerpted from "Fundraising in Tough Economic Times" by Alan Rosenspan. A little "Think Positive" never killed anyone, right?

Warmest Regards, Angela McFarland, Owner and Publisher Our Towne Ballston Spa (518)956-0195

NATIONAL INVENTORS' MONTH This month's cover features a portrait of George West that most likely taken in the late 1800's. Born in England, he came to Ballston Spa in 1861 during the Civil War Period. Cotton was scarce, yet the demand for flour sacks high...using his experience in a variety of paper making processes, he leased the



vacant Empire Mill in Rock City Falls and began the development and manufacture of manila paper bags. Mr. West eventually purchased the Empire Mill and a variety of other mills along the stream, one of which was the Union Paper Mill (now better known as the Old Chocolate Factory), also featured on the cover, as it looked in 1888.

Mr. West was considered the pioneer paperbag manufacturer, a business which has grown to be one of the world's largest industries.

# **IMPORTANT NUMBERS**

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# Sherry Hoffman, Agent, CLU ChFC

418 Geyser Road Ballston Spa, NY 12020-6002 Bas: 518-580-1181 sherry.hoffman.nyre@statefarm.com





# Saratoga County

Animal Shelter	885-4113
County Clerk	885-2213
County Court	884-4753
Emergency Services	885-2232
Family Court	884-9207
Motor Vehicle	885-2227
Youth Bureau	884-4180
Saratoga Hospital	587-3222
Village of Ballston Spa	885-6393
Clerk's Office	
Animal Control	885-5111
Public Works	885-6211
Police Department	885-5111
Fire DeptEagle Matt Lee Fire Co	885-6261
Fire DeptUnion Fire Co	885-7121
Fire DeptUnion Fire Co. (non-emergency line	)885-5222
Town of Milton	885-9220
Town Clerk	885-9220
Supervisor	884-2766
Highway Superintendent	885-5655
Town Court	885-9267
Animal Control	885-9220
County Sheriff	885-6761
Fire Department	885-7694
Ballston Spa Public Library	885-5022
Ballston Spa Central School District	884-7195
Post Offices	
Ballston Spa	885-9191
Ballston Spa Branch in Malta	899-6254
Rock City Falls	885-1544

# The National Bottle Museum® The Art of Fred Neudoerffer

The National Bottle Museum® in Ballston Spa, NY will feature the photographic art of Fred Neudoerffer for the months of August and September. A newly developed art gallery on the second floor of the museum features the work of various artists throughout the year.

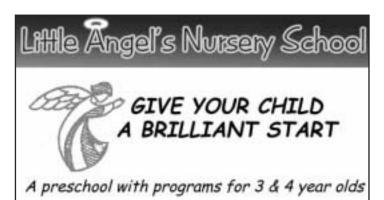


**EXCERPTS,** Photographs by Fred Neudoerffer, is a sample show of 4 different photographic projects by the artist, which will be on exhibit through the month of September 2008. An opening reception is planned for Tuesday, August 5th. The pieces in this show are from his on-going projects "Water Works", "Hudson River Movements", "Shadow, Texture & Light" and "The North American Farm...May it Rest in Peace".

- Water Works is a group of photographic sculptures of naturally occurring water scenes
- Hudson River Movements is an abstract study of the living, breathing movement of the Hudson River
- Shadow, Texture & Light is a black and white series
- North American Farms is another black and white series

Fred Neudoerffer has been taking photos and making art for 40 years. He owns NeuStudios in New Haven, CT and has a satellite studio in Cohoes, NY.

A percentage from the sales of this show will provide financial assistance to **The National Bottle Museum**®.



OPENINGS AVAILABLE FOR THE 2008-2009 SCHOOL YEAR!

For more information, call 885-3540 or visit www.littleangelsns.com

The Little Angels Nursery School is a ministry of the First Presbyterian Church ~ 22 West High Street Ballston Spa ~ www.ballstonpresby.org

# Call for Artists & Crafts People

The 300+ year old Mabee Farm Historic Site in Rotterdam Junction, NY is looking for Artists and Crafts people to exhibit at the 5th Mabee Farm Arts & Crafts Festival on August 23rd, from 10 am - 5 pm.

Join artists, wood crafters, potters, spinners, weavers, candle makers, glass blowers, basket weavers and others display and sell their creative work at this 45 acre historic site, along the Mohawk River. Call (518) 887-5073 or e-mail mabee@nycap.rr.com for an application.





# FEATURED BUSINESS

Q&A

# Describe your business and how you got stared:

My business has two identities: the tavern portion is best described as a combination of popular movies such as Coyote Ugly, Porky's and Road House. The dining room is comfortable, homey and reminiscent of the restaurants featured in hotels from TV shows such as Little House on the Prarie.

I came to Rock City Falls from the Midwest in 1985 after health issues and the collapse of a GM Dealership that my husband and I owned necessitated our move to be closer to family. I spotted a "For Sale by Owner" sign on the property and took a chance.

The Mill Rock has been around since the early 1900's and was once an old rooming house.

# Are you known for anything special?

Everything is homemade from our 1/2 lb. Mill Rock

Burger, Goulash and the ever-popular Beef Tips & Noodles. We even make our own hot sauce for our wings! Folks find that our menu changes all the time so there is always something different to pick from.

# What do you like most about your business?

The staff and regulars are one big family! We are a tight-knit group of friends and neighbors who truly enjoy spending time with each other and take care of one another.







# What do you feel is your biggest challenge with your business? Rising food costs

ad on Page 16

Rising food costs and keeping up with liquor laws can be tough.

What do you want the community to know about you?

Lots of folks have gotten married here-we offer "Country Weddings" in our outdoor covered pavilion (converted from an old horse barn), complete with its own bar and host softball games on our softball fields.

We have Karaoke nights, horseshoes, volleyball, a

picnic area and a play area for kids. When the weather gets colder, we have billiards, darts and a cozy fireplace to relax by.

We're here 7 days a week for lunch and dinner and

our dining room can cater to small banquets or parties.

# **Anything Else?**

We're friendly and country and enjoy welcoming new faces!

THE MILL ROCK RESTAURANT

Gladys Perkins, Owner 233 W. Milton Road, Ballston Spa (518) 885-1468

www.myspace.com/themillrock

MUSM: miss you so much

BF: boyfriend

OLL: online love

POS: parent over shoulder

WTGP: want to go private?

LMIRL: let's meet in real life

HDOP: help delete online predators

Every day, children are sexually solicited online.



You don't know what your kids are saying online. Or who they are saying it to. A lot of times neither do they. Protect your kid's online life. To get a full list of acronyms or report an incident, call 1-800-THE LOST or visit cybertipline.com. HDOP: help delete online predators



# The Ballston Area Community Center (BACC) will be offering a free Universal Pre-Kindergarten (UPK) program for 4-year-olds starting this fall

The 2 1/2 hour, state-funded program will be taught by a certified teacher with training in early education. The teacher, and her teaching assistant, will follow a special curriculum to help children build life-long learning skills, and to promote their mental, social, and emotional development. The UPK program is open to all children in the Ballston Spa School District who are four years old on or before December 1, 2008. There is no income or other eligibility requirement.

BACC does not currently have a transportation service for this program. Families and child care providers who wish to take advantage of this free enrichment program for their children will need to provide transportation to and from BACC.

Each session is limited to 16 children, and will be filled on a first-come, first-serve basis. Please call or email Kathi Leigh, with questions or obtain the application form: 885-1711 x 12; email: bacc@nycap.rr.com

# **SPD**Sensory Processing Disorder

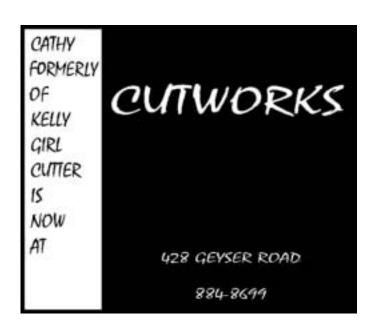
# **Parent Connections Support Group**

Parents of children diagnosed with SPD are invited to a connections support group which meets every 2nd Wednesday of the month at 6pm at the Ballston Area Community Center (BACC).

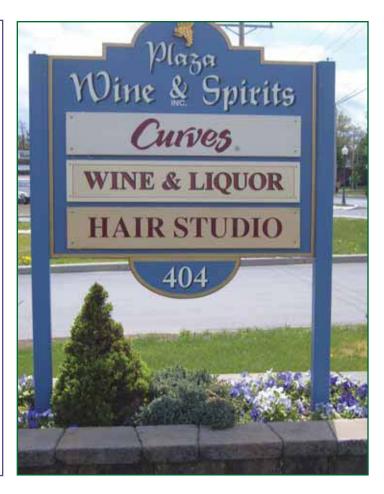
Support comes through group discussions, education, resources and guest speakers. Hope is provided by learning fom host parents and other parents that SPD is physical and not parental.

Sensory Processing Disorder is a complex disorder of the brain, which results in a child's difficulty in processing sensory information. This often leads to social, emotional and/or motor problems that affect a child's daily activities.

Call Daniele at 885-6922 or visit the website at: www.kidfoundation.org for more information.







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Valid to the end of business day on Aug 13th











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Studio 404 is a full service salon for men that delivers an exceptional grooming experience in a comfortable, masculine environment. The bassdefree atmosphere promotes efficient styles and service, perfect for a lunch break. Relax and enjoy the experience.

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phone 587-2542

walk-ins welcome

# PHYSICIAN ASSISTED WEIGHT LOSS



Dr. Vincent Meyer and Dr. Julia Malin have teamed with Bariatrix Nutrition and will be offering Physician Assisted Weight Loss services in our practice starting in July!

Bariatrix offers more options for our patients trying to lose weight, from low calorie meal replacement shakes, to other beverages, protein bars, and a number of tasty snacks, all of which are designed to help you get to your weight goal and maintain your weight loss once you are at your goal weight.

We've taste-tested the products offered for weight loss by a variety of companies, and the taste of Bariatrix products was in our opinion by far the best.

If you are already one of our patients, call Michelle or Kristy at 584-5331 to set up an initial weight loss consultation appointment. If you are not already a patient of ours, make an appointment to come in and meet our staff and doctors.

Be sure to tell them you saw us in Our Towne Ballston Spa!

Meyer & Malin Family Practice 418 Geyser Road, Ballston Spa Visit us online at www.meyerandmalin.com



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\*A Health Advisor is not a substitute for a physician or a qualified medical practitioner. This program does not in any way constitute medical advice or substitute for medical treatment



All classes are at the Clifton Park Store 9 Clifton Country Rd. Clifton Park, NY

Call to register at 383-4136

# Counting Carbohydrates! Maintaining Healthy **Blood Sugars**

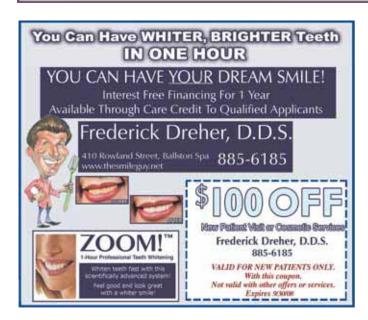
Tuesday August 12th 2:00-3:30 pm OR Monday August 25th 6:00-7:30 pm

# Celiac diet Update! Food Sampling)

Wednesday August 13th 2:00-3:30 pm

# Back to School! (Includes Gluten Free (Healthy Snack & Lunch) Box Ideas)

Tuesday August 26th 2:30-4:00 pm





# **FOR SAFE KEEPING**

SAFETY TIPS FROM YOUR FRIENDS AT



I think we are all aware of the events that happened with the lightning at the County Fair in Ballston Spa a few weeks ago.

We tend to take lightning for granted and feel "It can't happen to us". Well, it can. Some facts and precautions about lightning that you may not know-

- Lightning generates up to 1 Billion volts
- It is actually 4 times hotter then the surface of the Sun
- · It is the #1 cause of storm related deaths in the country
- There is no such thing as "Heat" lightning (You just can't hear the thunder)
- 70% of survivors suffer permanent, long term effects
- If you see lightning and hear thunder less than 30 seconds later, take cover.
- Do not use telephones, including cell phones, during a storm.
- Do not seek shelter under trees or near fences and get to dry ground, remaining 15-20 feet apart where possible.
- Inside your vehicle is also a safe place but do not touch metal parts of your car.

.........Until next month.

# KNOCK OUT Knotweed in August

Submitted by Mary Kuykendall, Friends of Kayderosseras, excerpted and edited from their Summer-Fall 2008 newsletter

It's really a knotty problem and you can help in August by joining a force to go after those invaders! A recent report from George Preston, Conservation Director states: "We are cooperating with a statewide program to eradicate this invasive that has no value for wildlife and displaces native plants that are beneficial. Last year we coved solid stands with plastic and are now collecting data to measure its effectiveness. This year we began a program of surgical removal where the knotweed is mixed with desirable plants.

The 2008 phase of the project started in early June when Josh Ness, Emily Rollinson, Dan VanAllman, Henry Kinosian, Barbara Phillips. Ann Wait, Mary Kuykendall-Weber and Ruth Dibelius clipped, measured weighed and bagged all the knotweed growing along a l00-foot strip between the trail and the creek. Now 26 bags sit in the sun to turn to jelly before being composted.

A crew will be back in July and August to take care of new shoots and fill in the empty spaces with native plants. Follow-up trimming will continue for a few years until the knotweed plants with their 25-foot roots use up their stored energy and die. Empty spaces will be filled with native plants that have benefit for wildlife."

To find out how you can help, please email: kaydeross@hotmail.com or visit www.Kayaderosseras.org



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\* TO HELP \*
U.S. SOLDIERS IN IRAQ
FUNDRAISING EVENT
FEATURING LIVE MUSIC,
SILENT AUCTION AND
CHILDREN'S EVENTS
AUGUST 16TH
12PM - 6PM

Monies raised will go to the Hometown Soldier Fund and local VFW to purchase items for care packages to be shipped to U.S. Military personnel deployed for Operation Iraqi Freedom

Care Package and monetary donations WILL be accepted day of the event

EAT - DRINK - BE MERRY AND SUPPORT OUR BOYS AND GALS!

For more information, contact Event Coordinators: Joe Jaquez, 522-4824 or joey.jaquez@us.army.mil Gina Prince, 518-584-2340 or jitters\_cafe@yahoo.com

# WE NEED YOUR HELP!

To volunteer or donate a silent auction item, please contact the event coordinators

# LOCAL BANDS PERFORMING LIVE!

Foxx & Her Howlin' Boys Ryan Jensen • Sense Offenders Big Nixon • Palatypus Ophelia Smiles • La Mustachio Happy Balky





# **Emergency - Are you Prepared?**

By Sherry Hoffman, CLU ChFC CASL, State Farm® Agent

Every year we face possible disasters-wildfires, earthquakes, tornadoes, hurricanes and winter storms. If a disaster strikes your home, are you, and your family prepared? Do you know where important documents, medications, and essential supplies are in case you have to evacuate? Do you and your family know how you would get out of your house, what you would do with your pets, where you meet each other if you get separated? Do you have a single point of contact you can call to let others know you're safe?

If not, now is the time to prepare. Don't wait until faced with a disaster to begin thinking about emergency preparations.

No matter what potential disaster you might face, there are basic items everyone should have in their emergency kit:

- Flashlight
- Battery-powered radio (don't forget extra batteries)
- Non-perishable food items and a manual can opener
- Bottled Water
- Medications
- •First-Aid Supplies
- Important family documents in a waterproof container
- One complete change of clothing and sturdy footwear

These items should be in a backpack or other easily portable bag that is stored in a safe place for quick retrieval. Each family member should have his or her own kit. At least once a year rethink your kit and replace batteries, food and clothes. Be sure your family has an evacuation plan and communications plan. Every member of your household should be fully aware of what to do and where to go in case of an emergency.

Additional information on being prepared for a disaster is available from emergency assistance organizations or at statefarm.com



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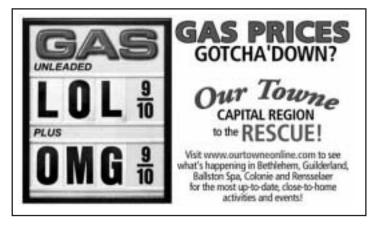


Sherry Hoffman CLU ChFC, Agent 418 Geyser Road Ballston Spa, NY 12020 Bus: 518-580-1181 sherry.hoffman.nyre@stateform.com



LIKE A GOOD NEIGHBOR, STATE FARM IS THERE."

statefarm.com



# **SMART WAY TO SAVE ON GAS**

# Cheat The Wind -**Roll Up Your Windows**

You'll get better gas mileage this summer by cranking the A/C on the highway, since open windows create drag at high speeds. If you're just running errands around town, fresh air is best!

--excerpted from PARADE, July 6th, 2008

A young lady from Germany is coming as this year's Rotary exchange student.

She is 16, turning 17 in November, likes sports, soccer and horses. Rebecca currently lives with her mom who is a hotelier and her sister who is in college.

We still seek two out of three host families that she will spend the year with. Her arrival is August 12th and the opportunity to have her in your home exists from then until November/ December or November/December thru March/April.

The host family must live within the BSCSD and be responsible for her school attendance. Rebecca does not need her own room, becomes part of the family (not to be treated as a guest), has health insurance, and is not allowed to drive, drink, date, do drugs or engage in inappropriate relationships.

To be a host family or request more information, please call Dr. Steve Esposito at 885-6416 after 6pm or email steveden@earthlink.net.

# I Have the Internet - Why Call a Realtor®?

The internet is simply fabulous. Never before have home buyers been so empowered or has it been possible to research homes in another town, compare prices, size, features, etc. without ever speaking to a real estate professional.

If that's the case, why should anyone ever use a Realtor® to buy property? It's simple: if making a good buying decision is the main objective, the internet can offer data but it can not interpret it. That's the big advantage of working with a professional. Realtors not only know the market, but are skilled in how to interpret it.



COOK L REALTY **Andrew Cook** 

**Broker/Owner** 

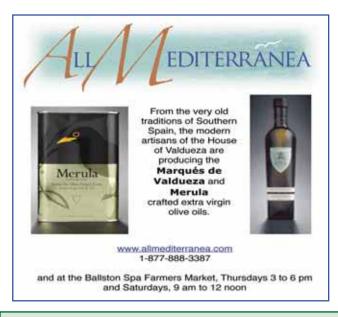
16 Milton Ave, **Ballston Spa NY 12020** 518-885-9200 www.cookrealtyllc.com

### 6 Reasons You Need a Realtor® -

- 1.) A real estate transaction is complicated. In most cases, buying 5.)REALTORS® provide objectivity. Since a home often symbolizes or selling a home requires disclosure forms, inspection reports, mortgage documents, insurance policies, deeds, and multi-page government-mandated settlement statements. A knowledgeable guide through this complexity can help you avoid delays or costly
- 2.) Selling or buying a home is time consuming. Even in a strong 6.)REALTORS® are members of the NATIONAL ASSOCIATION OF market, homes in our area stay on the market for an average of 90 days. And it usually takes another 60 days or so for the transaction to close after an offer is accepted.
- 3.) Real estate has its own language. If you don't know a CMA from a PUD, you can understand why it's important to work with someone who speaks that language.
- 4.) REALTORS® have done it before. Most people buy and sell only a few homes in a lifetime, usually with quite a few years in between each purchase. And even if you've done it before, laws and regulations change. That's why having an expert on your side is critical.

- family, rest, and security, not just four walls and roof, homeselling or buying is often a very emotional undertaking. And for most people, a home is the biggest purchase they'll ever make. Having a concerned, but objective, third party helps you keep focused on both the business and emotional issues most important to you.
- REALTORS®, a trade organization of nearly 1 million members nationwide. REALTORS® subscribe to a stringent code of ethics and education that helps guarantee the highest level of service and integrity.

Buyers can use the internet to save time and to get ideas. They can eliminate homes that do not meet their needs and explore areas that look interesting. A good realtor will not talk a customer into or out of buying a home, but will make sure it is an informed decision that results in satisfaction for years to come.





Fare will include homemade baked goods, pies, stuffed dough, eggplant parmesan, breads, salad dressings, honey and locally grown produce!

Food contributions and donations will be graciously accepted

For more information please contact Dorothy Rowland at 584-9078 or leave a message at Simpson UMC.

Simpson United Methodist Church 1089 Rock City Road, Rock City Falls (518)885-4794











P.O. Box 319 · Ballston Spa, NY 12020 (518)956-0195 www.ourtowneballstonspa.com

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New! Local coupons on-line at www.ourtowneballstonspa.com



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www.saratogasoldier.com

831 Route 67 (behind Lane Pipe), Ballston Spa

2 mi. west of exit 12 of I-87 in Curtis Industrial Park, just east of Curtis Lumber

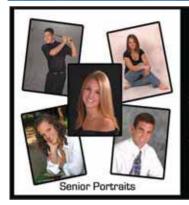


# FIT KIDS

Saratoga Hospital has partnered with Cornell Cooperative Extension and the Ballston Spa School District to form FIT KIDS of Saratoga County. FIT KIDS is a coalition that promotes awareness and provides opportunities for the youth of Saratoga County to become more active and to eat healthfully.

Anyone interested in joining the FIT KIDS of Saratoga County coalition can contact Sue Malinowski at Saratoga Hospital at 583-8485 or Diane Whitten at Cornell Cooperative Extension at 885-8995.





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# WATER WHEEL

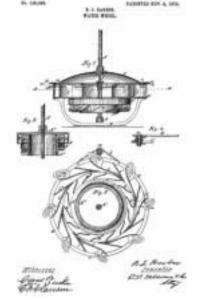
Submitted by Timothy Starr

A rarely-explored aspect of Ballston Spa's history is its large portfolio of inventions, numbering over 200 during the 1800s alone. Throughout much of that century, the village was home to a wide variety of industry, from tanneries to paper mills to hard edge tool factories. Many residents were inspired to create new processes, tools, and machines to make these industries more efficient. Therefore, it is no surprise that the bulk of the inventions patented during this time were created for specific businesses.

One of the most famous inventions to come out of Ballston Spa is Benjamin Barber's double turbine water wheel. Barber established a lumber yard and planing mill off South Street in 1857 (later named the Eagle Wood & Iron Works). A short time later, he started up a foundry adjacent to the lumber yard and began experimenting with water wheels. Until the advent of steam and electricity, all mills were situated near rivers to power the machinery. A water wheel was considered one of the most important tools that a mill possessed, since its efficiency directly corresponded to the productivity of the machines.

Barber's design consisted of a large, upper wheel that took most of the water into built-in buckets, with chute guides designed to maximize the flow of water upon it. A secondary wheel, resembling a propeller, received the run-off from the primary wheel to generate even more power. It was so effective that Barber began marketing it to nearby businesses. He was awarded patents for it in 1870 and 1873.

The new wheel turned out to be more efficient than almost any other in the country. The authority on testing water wheels, Professor James Emerson of Massachusetts, tested the wheel and published the results in his book, Treatise Relative to the Testing of Water Wheels and Machinery in 1871. He stated, in



part, that "B. J. Barber has made a combination which works well-indeed, as to cause manufacturers to think seriously of exchanging the expensive Foureyron wheels for it." Ads appeared in the Ballston Journal for the water wheel, which sold for between \$200 and \$1,000, depending upon the size. Stephen Garrett, superintendent of the Ballston Scythe & Axe Works, wrote a testimonial which stated that Barber's 72-inch wheel was giving "perfect satisfaction" at the axe factory. John McLean also used a Barber wheel at the Hollister Paper Mill in Factory Village.

Barber operated his successful business for twenty years until he passed away in 1877. Today only a small part of the cement foundation is left of the foundry, although Barber's house still stands at the corner of South Street and Maple Avenue. His contributions to the productivity of the industry of Ballston Spa and surrounding areas often goes unsung, but it was indeed significant, and arguably allowed the water-powered mills of the Kayaderosseras Creek to operate longer than would have been possible without the Barber turbine water wheel.

Timothy Starr has written four history books: "The Ballston Terminal Railroad and Its Successors," "Lost Industries of the Kaydeross Valley," "Invented in Ballston Spa," and "Invented in Saratoga County," all available at the Brookside Museum in Ballston Spa. He grew up in Hebron, Washington County but moved to the Town of Milton in 1997. He makes a living as an accountant and lives in Rock City Falls with his wife Alison and daughter Morgan.

# WE INVITE YOU TO "MEET"



Henry Mann
Local entrepreuneur who made
Brookside his residence in the
mid 1800s and was involved in
the production of mineral spring
water and a paper company.



Jesse Billings Local entrepreuneur and famous for the "trial of the century" was involved in local ice business and built canal barges.

Learn more about local inventors and check out Invented in Ballston Spa by Timothy Starr

PREE MUSEUM ADMISSION TICKETS are now on-line at www.ourtowneballstonspa.com





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# FEATURED BUSINESS

Q&A

# See our ad on Page 8

# Describe your business and how you got stared:

The whole idea behind Nerds on Site is to allow me to be in business for myself, but not by myself. Nerd on Site is in 10 countries, giving me access to the knowledge of all those other nerds. We are all independent contractors (entrepreNerds) but we work as a team using the branding of Nerds on Site. This

allows me to walk into a business with confidence that I can take care of them. If I don't know something I can email all the nerds worldwide to get an answer or to bring them in on a project.

My wife and I were discussing moving to the Saratoga area to start our family, so I was looking into different opportunities and wanted to make the move to self-employment. I looked into several franchises, but they were not what I wanted. Then one day I was listening to a podcast called "Security Now" and Nerds on Site was the sponsor, so I looked into what they were all about.

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We have many Strategic Alliances and National Contracts with companies who need 'on-site' support for their clients. This ensures a speedy response to problems or implementation needs at a fraction of the cost of maintaining their own dedicated staff.

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### Anything Else?

Our target audience is the small and medium size businesses (from 1pc in a home office to 100+ in a traditional office setting). I have several residential clients that came from business clients, so you never know how it will work out. Our pricing and service model is setup for the business client.

NERDS ON SITE Todd Myles 26F Congress Street #107 Saratoga Springs, NY 12866 877-My-Nerds 696-3737 www.nerdsonsite.com

# Summer Fun at the Local Library Ballston Spa Public Library Events for August

All events are free and open to the public. For further information stop in or call 885-5022.

Hours: Tues, Wed. Thurs. Fri. 10am-7pm Saturday 10am-5pm www.ballston.sals.edu



### WONDERFUL WEDNESDAY

Catch the Reading Bug! Kids ages 3-11yrs Pre-registration required

AUGUST 6TH: Crafting with Tang

Friends from Tang Museum (Skidmore College) will hold two bug inspired craft programs.

SESSION 1: 2:00-3:00pm Buggy Dioramas, limit 25.

SESSION 2: 3:30-4:30pm Weave a Colorful Spider Web, limit 25.

\*One session per child\*

AUGUST 13TH: Pizza Party, 2:00pm.

Celebrate your reading achievements with a pizza party and a special guest. This will be the conclusion of the Wonderful Wednesday program series and the Reading Club. Limit 50.

AUG 22ND: Family Film Night, 6:00pm Showing: Cool Runnings

AUG 27TH: Adult Book Club, 6:00pm

Selection: White Ghost Girl by Alice Greenway. Copies of the novel are available for loan at the Circulation Desk.

# Ballston Spa-Film Festival Manna's Restaurant Thurs. 7/31 Spm Low St. \$10 Cover or \$5 if dressed like a movie star Fracement map tage in me instead be. Sneak peeks at films. Live music by the Tom Evans Blues Band, Visuals mixed by VI LeopardHead. Dress like a movie star. Get a Hollywood makeover by TV and film make-up artists from Make Me Fabulous. BSDAFFILM-GOM Free Pestival Events: Bossessyng Protony and Subarday Tym and Bym Fre At I tipe After sporty Bornet Cade Front Dt. Visuals mixed by VJ Biother Inscortal Sal. 827 Sper Piercraker's From Discountier with producer Osmel Freed. Are dermands and Marcos Fuller at Brookesite Museum Sal. 827 Type After parity ST Freed Bt. Vises Bar Bon. 827 Sper Award Construency at Outfoot Plantal. All weekeed laser non-marrative time play in a loop at Stooling Visings Afternate Cades you Washington St. on the Spet floor for east Experimental Expe.

# T-SRC (TEEN SUMMER READING CLUB) PROGRAMS METAMORPHOSIS - Kids 12 to 18 yrs Pre-registration required

AUGUST IST:Wii Olympics, 2:00pm.

Catch the Olympic fever with a fun afternoon filled with Wii action!

### AUGUST 8TH: Writer's Workshop, 2:00pm.

Perfect your creative writing craft with this fun and informative workshop.

AUGUST 15TH: Lock-In Pizza Party, from 5:00-7:00pm.

Come to the library for pizza and the movie, <u>Hitchhiker's Guide to the Galaxy!</u> (Copies of the novel are available for loan, but reading the novel is not required to attend the program) This will be the last T-SRC program. Limit 25.

### CLOSED SAT AUG 30-SEPT 1ST FOR LABOR DAY

Iston Spa

### WEEKLY STORIES & ACTIVITIES



There 1800: 1849 Per-School Ages 1-5 pro, listen to a story, waith a movie and extens could! A short playtime follows. No registration is recessary.

Fig. 10.05 - 10.45 Toddfors, Agus 16 mg. - 3 yrs, limin to a story, weath a receive and make a craft! A short playtime follows, No registration is recessary.

# ASSOCIATION For information on these and other events and activities, please visit our website www.ballston.org

# FIRST FRIDAYS IN BALLSTON SPACUTDOOR MOVIES

6-9 pm, the first Friday of every month, downtown Ballston Spa/Wiswall Park. Stroll throughout the village and enjoy live music, art shows, demonstrations, food and special happenings at many shops, galleries and restaurants. August 1, September 5 (Outdoor lim in September).

### BALLSTON SPA FARMERS' MARKET

Thursdays, 3-6 pm, Saturdays, 9 am-noon, Wewall Park. A variety of local agricultural products, baked goods and handcrafted artisan items. Saturday markets feature live accustic music in the gazeroo.

### 2008 PERSONAL COVERAGE INC. CONCERTS IN THE PARK SERIES

Thursdays, 6-8 pm Wiswall Park, Front & Low Streets, Ballston SpalFree! August 7: Annual Old Fashioned loe Cream Social with Union Fire Company Band.

August 14: Ryan Jensen (Acoustic Alternative)

August 21: The Audiostars (Rock)

August 28: Mudbug Uprising (Classic Rock, Blues)

### "MID-WEEK" MIXES

Second Wednesdays of the month, 5:30-7:00 pm, various locations. Wednesday, August 13 at Coffee Planet, 100 Milton Ave. Cost is \$10. For more information contact the Association at 885-2772 or info@ballston.org.

### NETWORKING BREAKFAST

Third Tuesday moming of every month, 7:30-8:30 am, various locations
Tuesday, August 19 from 7:30-8:30 am and is hosted by Elliott Property Services, 36 Front St.
Cost is \$5 with advance reservation, \$10 that morning, both payable at the door. RSVP to
885-2772 or info@bullston.org







# TAKE ME HOME



Sara Kennel #25, chow sheltie mix, spayed female, adult. Very sweet bundle of energy who seems good with older children and cats. She came to us as a stray from the Hadley. She knows the sit command.

To meet Sara, come to the Saratoga County Animal Shelter at 6010 County Farm Road (near the Sheriff's station) Open to the public Monday thru Saturday from 10 a.m. until 4 p.m, closed Sundays and Holidays. Visit us on the website at www.co.saratoga.ny.us/animalpics or call 885-4113.

# NEW! Monthly Feature....Tip No.3 Basic Rules For Cats Who Run a House

**FOOD:** Eating, however, is only half the fun. The other half is getting the food. Cats have two ways to obtain food: convincing a human you are starving to death and must be fed "NOW" and hunting for it one-self. The following are guidelines for getting fed.

- **a)** When the humans are eating, make sure you leave the tip of your tail in their dishes when they are not looking.
- **b)** The best times to inform humans of your dish's emptiness are when they are unable to ignore you, such as when they are sleeping or on the toilet.
- **c)** Should you catch something of your own outside, it is only polite to attempt to get to know it. Be insistent your food will usually not be so polite and try to leave.

# RABIES CLINIC FREE TO THE PUBLIC

4-H Training Center, Middleline Road, Ballston Spa

# August 12th AND August 26th

Cats 7pm - 8pm • Dogs 8pm - 9pm Domestic Ferrets 7pm - 9pm Ferrets must be in carriers • All Dogs must b

All Cats and Ferrets must be in carriers • All Dogs must be on leashes
All Vaccination Certificates are written for One Year
If a previous Vaccination Certificate is produced,
a 3-year certificate will be issued.



For more information, call Saratoga County Animal Shelter at 885-4113

**Donations Gladly Accepted!** 

# Meow Luau Fun Fair and Cat Adoption Day - Sunday, September 7th, 11am - 4pm

The Friends of the Saratoga County Animal Shelter will hold theri first Cat Festival & Adop-a-thon at the Saratoga County Fairgrounds. The Meow Luau will feature food and activities for the family, as well as options to purchase unique cat accessories and chances to silently bid on pet gift baskets. The goal of this event is for visitors to participate in on-site opportunities to adopt cats needing a new home.

**FREE CAT ACCESSORIES** for everyone who adopts a pet at this special event. Admission is FREE, donations are welcome!

FOR MORE INFORMATION, CALL 583-1080

Event held rain or shine!



# Keep Your Dog Flea-Free

No exemption, all dogs — even the ones staying in a palace — can be infested with flea, ticks and/or other parasites. However clean your dog is, fleas or ticks can still infest it. We call these pests external parasites and dogs are normally afflicted by these in one way or another.

### The Flea Problem

Fleas can easily be noticed for they appear as black specks on a fine toothed comb. Minute they may be, but they can make your dog itch crazy for a flea can bite your dog more or less 400 times a day.

Fleas feed themselves with your dog's blood and they cannot reproduce without blood. Just imagine, if your dog is inflicted with fleas, you may wake up one morning realizing that your dog is already anemic. Your dog can also catch flea allergy dermatitis, an allergic reaction caused by the fleas' saliva. Surprisingly, fleas act as hosts to tapeworm larvae and as such if fleas are swallowed, your dog may have additional worm problems to contend with.

Fleas' lifespan depends on the climate of the place you live in. In the northern part of the globe, flea and tick season lasts for about four months and about a year in the southern part of the globe.

### The Flea Solution

For effective infestation control, treat your dogs early. Depending on the severity of the infestation, you can use topical solutions or other forms of treatment. Just consult your veterinarian for the best treatment that can be used. Remember, a regular mild treatment is safer than an irregular severe one.

### **Infestation Control for Dogs**

Infestation control should start with your dog. For starters, remove all fleas from your dog's body. You can use shampoos, topical treatments, sprays, collars, and oral medications, depending on what kind of treatment suits your dog. If possible do not use shampoos because dogs groom themselves. Definitely, you do not want your pet to ingest the chemical ingredients of the shampoo. The most recommended treatment method is topical medication. Recommended, too, are oral medication next, sprays and collars.

### **Area Infestation Control**

Next, clean the area where your dog usually stays. It is highly recommended to use vacuum cleaners and wash all rugs and beddings your dog is using. You can use insecticides for a thorough cleaning. If you have a carpet, it is best to spray Borate powder before vacuuming. This way, fleas will be poisoned.

Lastly, treat the lawn and the exteriors of your home. This is necessary if infestation is severe. Regularly trim down your lawn to prevent habitation of fleas so your dogs cannot fleas in the garden.

As a last word, consult your veterinarian before using any treatment. Remember, though, that the best treatment is prevention. Ways of prevention includes regular combing of your dog's fur, regular bathing using mild shampoo and cleaning of the area where your dog stays. Don't wait for your dog to be infected before you make a move. It's not only your dog that will reap the benefits of a clean, flea safe fur and environment. You will, too.

Article Source: http://EzineArticles.com/?expert=Eric\_Hartwell



Ok Ok! So I asked my Smokey what he wants to be when he grows up, and this is what he showed me!



Photo submitted by Patty Rutland, owner of the Pattycake
Shoppe and devoted Animal Rehabber.
Her pal "Smokey" was rescued literally
from the brink of death with help from a fireman
at the Eagle Matt Lee company.
He suffered a broken leg, extensive burns from a fire,
the loss of his tail and his nails on his front paws,
however, Patty's constant love and care for Smokey
has given him a new found, happy life!

Share your pics with the entire community!

We'd love to see them!

Send as a PDF or JPEG to angela@ourtowneballstonspa.com or mail to Angela McFarland, Our Towne Ballston Spa, P.O. Box 319, Ballston Spa, NY 12020



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# In Review

Thanks to the kindness of Angela and Co. from Our Towne, I have the pleasure of sharing with you my suggestions for essential reading. This month's inaugural selection arrives from the author Susan Jones and Illustrator Shirley Antak.

<u>Until We Meet Again</u> is easily the most genuinely beautiful book I have seen in recent memory that addresses the often difficult nature of the passing of loved ones, appropriate for children ages 4 -8. Uplifting from the start, this gentle tale reminds us of the need to create inspiring and lasting memories today that we will cherish tomorrow and thereafter.

The book is described by the author as follows: "Between one winsome grandfather and one lucky little boy are keepsakes of the heart... memories made by the two of them for all time. Most are simple. Checkers and hot chocolate. Hugs and silly songs. A special wink that means "we're in this together."

But their time together is coming to an end. With insight and tenderness, the author tells the story of what comes next for a little boy who discovers memory-making is a language of love that can be whispered across the years."

The illustrations are at once heartwarming and familiar. "Treasured Memories...Come from ordinary moments" and is our recommended "must have" for the month.

<u>Until We Meet Again</u>, was a runner-up in the 2008 Benjamin Franklin Awards competition, in the following category: Children's Picture Book. Winner - Interior Layout, MIPA Midwest Book Awards Hardcover • 64 pages • 8-1/2" x 11. Signed copies are available at Storyville today.

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# RECIPE OF THE MONTH

Recipe courtesy of Denise Pearce at Lakeside Farms

# HOMEMADE SCONES



What you will need: 6 cups all purpose flour 6Tb Sugar 3Tb Baking Powder

1-1/2 tsp. Salt

18Tb. Butter- chilled 3 eggs beaten 1-1/2 cups Milk

1-1/2 cups fruit

Traditionally the fruit would be dry currants - but you can use what ever you like. Please remember fresh fruit is juicy. If you choose to use fresh fruit reduce the milk and/ or increase the flour.

Gather dry ingredients. Cut-in the shortening until mixture is mealy. Add fruit and liquid, all once. Do not over beat just mix through. Roll out on a floured surface, sprinkle with sugar and cut scone to whatever shape you desire or spoon out. Bake at 400 degrees for approximately 12-15 minutes depending on the scone size.





# FREE LIVE, LOCAL ENTERTAINMENT -



100 Milton Avenue Ballston Spa. NY (518) 884-9913

www.thecoffeeplanet.net

8/1 First Friday - Phil Henry (6:00 PM - 9:00 PM) - Phil Henry is a singersongwriter and music educator in southern Vermont. He sings funky, folk-pop acoustic originals which reflect the aspirations and realities of his small-town upbringing.

8/2 Saturday - Saturday - Eric Hauenstein (11:00 AM - 1:00 PM) - Eric grew up in Charlton, NY, and has been playing acoustic guitar and singing, mostly mellow 70s rock covers, since 1992. He's played solo gigs in taverns and coffeehouses all over the place... Portland Oregon, Portland Maine, and more exotic locations like Dayton Ohio, where he was front man for a grunge band.

8/3 Sunday - Dave Maynard (11:00 AM - 1:00 PM) Dave played in countless restaurants, bars and dance clubs from Florida to New Hampshire and as far west as Ohio. He has played three times in Harlems Apoilo Theatre, did a residency at the Cheetah in New York City, played guitar for Patti Labelles girl group LABELLE and appeared on local television in New York City, Philadelphia and Albany.

8/9 Saturday - Sandy Shoor (11:00 AM - 1:00 PM) Celtic, traditional, rag, country blues, sea songs; and his originals. His music comes from and about his wonderful friends he has made over the years.

8/10 Sunday - Happy Balky and the Good Livin' (11:00 AM - 1:00 PM) - A mutation beyond bluegrass...a sound that was equal parts 'pop' and 'hillbilly'...a show that would provoke foot tompin' knee slappin', and elbow bangin'

8/16 Saturday - Ben Willmott (11:00 AM - 1:00 PM) - Touring in support of his brand new, all original, fourteen-track album - Rich With Love - twenty five year old pianist, singer, and songwriter Ben Willmott is impressing listeners everywhere.

8/23 Saturday - Dan Sedia & Joel Villa (11:00 AM - 1:00 PM) A duo performing around the area for the past several years that features classic and contemporary jazz tunes as well as some of their own compositions.



WEDNESDAYS - Open

418 Geyser Rd-Country Club Plaza-584-2340

Mic Night FRIDAYS & SATURDAYS - Performances at 7PM

8/1 Friday - Acoustic Singer Songwriters Bill & Emily Teller 8/2 Saturday - Acoustic Singer Songwriter Ryan Jenson

8/6 Wednesday - OPEN MIC NIGHT host Dale Konopinski 8/8 Friday - Celtic Folk Duo BAILEY QUINN 8/9 Saturday - Acoustic Singer Songwriter Courtney Biondo of Keeping Secrets

8/13 Wednesday - OPEN MIC NIGHT host Ryan Jenson 8/15 Friday - Acoustic Singer Songwriter Ryan Jordan

8/16 Saturday - 12:00P COUNTRY CLUB PLAZA MUSIC FESTIVAL Benefit to raise money for Soldiers in Iraq

8/20 Wednesday - OPEN MIC NIGHT host Lisa Konopinski 8/22 Friday - Acoustic Folk Singer Songwriter Gail Sparlin 8/23 Saturday - Acoustic Singer Songwriter Lisa Konopinski

8/27 Wednesday - OPEN MIC NIGHT host Kevin 5's 8/30 Saturday - Acoustic Folk Duo Dunham & Winge

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# **SUMMER-LONG SCAVENGER HUNT**

Brought to you by the Ballston Spa Business and Professional Association

Ballston Spa is going to be rockin' this summer! Nearly 100 chairs have been purchased and decorated by local residents, businesses and organizations. Chairs are expected to be retained or donated to the BSBPA for an auction to be held around Labor Day. The proceeds from the sale of the chairs will go to support local activities like Concerts in the Park, The Ballston Spa Film Festival, and the Adopt A Plot program.

Your mission: Use the song-related clues below to find the decorated rocking chairs placed around the village for people to look at, sit in and enjoy all summer. Submit the title of the rocking chair or a good description with the sponsor and location via email to: angela@ourtowneballstonspa.com or via snail mail to Our Towne Ballston Spa, P.O. Box 319, Ballston Spa, NY 12020. There will be new clues and new chairs to locate in July and August so get an early start and start a lookin' for 'em!

- 1. Often rendered simply as **"Route 66"**, is a popular song and rhythm and blues standard, composed in 1946 by American songwriter Bobby Troup. Troup conceived the idea for the song while driving west from Pennsylvania to Los Angeles, California, and the lyrics which include references to the U.S. highway of the title and many of the cities it passes through celebrate the romance and freedom of automobile travel.
- 2. Bryan Adams featured the following lyrics: "Around the world or around the block. Everywhere I go the kids wanna rock". This rocker is "around the block" and up the hill from Malta Avenue School.
- 3. "So kiss a little longer, stay close a little longer, hold tight a little longer..." are partial lyrics from a popular chewing gum jingle in the 80's. It would be considered the sister product to Wrigley's Juicy Fruit gum.
- 4. Numerous artists such as Kylie Minogue, Mary J. Blige, Styx and Michael Buble have all featured songs using this same song title. All versions celebrate **the power of love with a single glance**.
- 5. This ballad topped the charts and features Ann Wilson from Heart and Mike Reno from Loverboy who claim to "see forever in your eyes...".
- 6. Tony Orlando asks "Say has anybody seen my Sweet Gypsy Rose" and gives almost an exact description of this colorful rocker.

- 7. Calling all Neil Diamond fans! This song begins: "I'm sittin' on a mountain, Searchin' for an answer, Hopin' there's a chance, That she'll be comin' back to me".
- 8. This Frank Sinatra tune, which gives assurances, "...can come true, it can happen to you", was also used by Walt Disney World as a theme to promote tourism at the Disney theme parks.
- The album <u>Louis Armstrong and Friends</u> features a hit song by Louis Armstrong with Bing Crosby and tells a story of a friend trying to locate a friend: "I'll tell you why I can't find you, Every time I go out to your place..." and "Well there's a sign upon your door (uh-huh)".
- 10. This Johnny Cash song features the chorus: "And he walks with me, And he talks with me, And he tells me I am His own...." and was remade by both Anne Murray and Brad Paisley.

All entries received, correctly identifying the 10 chairs, will be entered into a random prize drawing each month to win a \$25 Ballston Spa Business and Professional Association gift certificate good at over 100 merchants and restaurants in town. ALL contestants, who correctly identify the chairs in the months of June, July and August, will be entered into a grand prize drawing to win a \$100 BSBPA gift certicate. Contest open to all local residents and business owners. Members and family of the BSBPA board of directors and committee members are not eligible to participate.

# SCAVENGER HUNT



# July 2008 SORRY! NO WINNER!

Please try again...
Visit
www.ourtowneballstonspa.com
Click on the Past Editions
July issue for the clues.

# **Ballston Rocks**

With billboards, TV advertising, scores of participants, and rocking chairs everywhere a person looks, 'Ballston Rocks' is the largest promotion put on by the village in its history.

It is a far cry from the first (1793) promotion of the community. Granted, that early effort may have reached further geographically, being aimed at the "swells" of New York City and artisans of nearby New England and New York, but it appears quaint compared to today's campaign.

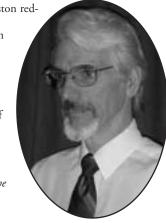
It was a map of 106 building lots along the newly laid out Court, Galway, Bath, and Front Streets, and bounded by the existing streets of Ballston, Milton, and High. This was land owned by New York City merchant and land speculator Nicholas Low, who had just constructed a small hotel south of where the Iron Spring now is.

This is how the settlement was promoted on the map: "The Town of Bath or Ballston Springs are situated

from Schenectady 15 Miles, from Ballston red-Meeting House 3 Miles from Milton
Meeting House 3 Miles, from Charlton
Meeting House 7 Miles, from Ballston
East Society Meeting House 5 Miles
from Greenfield Meeting House 7
Miles from the Episcopalian Church
in Ballston 3 Miles from Saratoga
Springs 7 Miles mainly in the center of
the Country of Saratoga and pleasantly
Situated, and the Country round is

--John J. Cromie is a local community activist, historian, and attorney. Over the years, he has authored numerous articles about the Ballston Spa area.

exceedingly fertile"







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SUMMER SPECIAL Men's Cut -Only \$10

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\$5. 00 off

Any color or

perm service

Valid for new and

**CELEBRATING OUR 2ND ANNIVERSARY!** 

# ACTURE MATIONAL INVENTORS. ACROSS

- 1. Self-improvement program
- Represented the colonies in England
- An Almanack
- At 12 years old, Ben began an apprenticeship
- 8. Wood stove that heated homes more efficiently
- 9. Signed all five documents leading to independence

### DOWN

- 2. Swim fins, bifocals, glass armonica, lighting rod
- 3. Publisher of Pennsylvania Gazette
- Proved that lightning is electricity
- Opened the first lending library in 1731

Erankilo Stove Poor Richard Demended динентр. Founding Father Journalist Printer Scientist Thirteen Virtues Librarian

# CAN YOU MATCH THE INVENTOR WITH THE INVENTION?

Date	Name	Invention or Discovery
1903	Orville & Wilbur Wright	First Video Game
1889	Thomas Edison	Telephone
1876	Alexander G. Bell	Airplane
1885	Alfred B. Nobel	Dynamite
1972	William Higinbotham	Electric Light

Dynamile First Video Game augudaia

тылоскійн телім Alexander G. Beil Affred B. Nobel Oville & Wilbur Wright Thomas Edison



# DID YOU KNOW?



# BUBBLE GUM

Bubblegum was invented by Frank Henry Fleer in 1906, but was not successful; the formulation of Fleer's "Blibber-Blubber," was too sticky. In 1928, Walter E. Diemer invented a superior formulation for bubble gum, which he called " Double Bubble."

Crayons were invented by Edwin Binney and Harold Smith, who owned a paint company in New York City, NY, USA. Binney and Smith invented the modern-day crayon by combining paraffin wax with pigments (colorants). These inexpensive art supplies were an instant success since they were first marketed as Crayola crayons in 1903.

The yo-yo is one of the oldest toys. Yo-yo's have been used as a toy for over 2,500 years, when the ancient Romans played with wooden and metal yo-yo's. The word "yo-yo" may come from Tagalog language (the language of the Philippines), meaning "to come back."



Benjamin Franklin Crossword

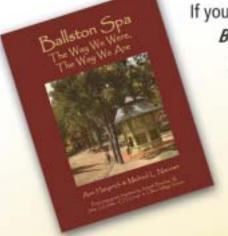


world today.

Coming in 2008 ...

If you liked the 2007 Bicentennial keepsake titled

Ballston Spa: The Way We Were, The Way We Are,
you're SURE to love Ballston Spa: Legacies Unlimited.



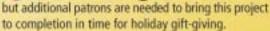
This captivating new literary labor of love by local author Ann Hauprich is being crafted in conjunction with photographer Antonio Bucca and beloved Village History Consultant Maurice ("Christopher") Morley with guest chapters by John J. Cromie and other village voices representing The Way We Were, The Way We Are & The Way We Hope To Be.

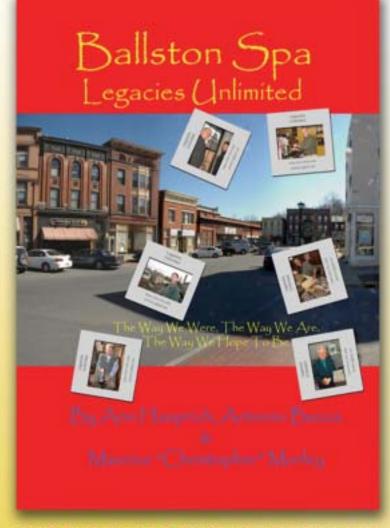
Designed to increase awareness of - and pride in - the village's heritage and all that it has to offer today, the 8.5" x 11" keepsake book will be available at a cost of \$35 later in 2008 through outlets to be announced via Our Towne Ballston Spa and on the new book's web site; www.legaciesunlimited.us.

Publication of the book is being made possible, in part, through the generous sponsorship of

Stewarts Shops

Our Towne









Call Angela McFarland, Owner and Publisher (518)956-0195 or angela@ourtowneballstonspa.com

Secure on-line sponsorships are available at www.ourtowneballstonspa.com, click on "SPONSOR LEGACIES UNLIMITED"

A portion of the proceeds will be donated to the Rotary Club of Ballston Spa's newly established Maurice "Christopher" Morley Literacy Foundation that will encourage and reward local elementary school children as they discover the joy of reading in the early grades. Visit www.legaciesunlimited.us to preview the Table of Contents for Ballston Spa: Legacies Unlimited and to read the glowing testimonials written in response to Ballston Spa: The Way We Were, The Way We Are.



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- 24 hr. Emergency Maintenance
- Community Room
- Playground

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Monday - Friday 8:00-4:30

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\*Terms and Conditions Apply





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3BR, 2 BA - BALLSTON SPA

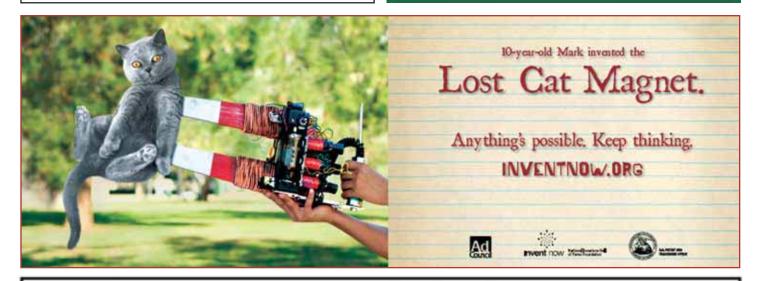
3BR, 2 BA - BALLSTON SPA

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